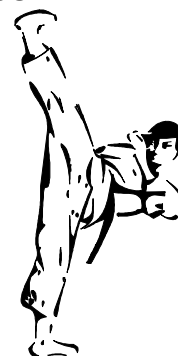




# CHRONICLES OF LEGENDS



## 4TH OF JULY BASH IN BEDFORD

Legends Martial arts has signed up to be one of 7 vendors to participate in the Bedford Wild West 4th Festival! This year the City of Bedford anticipates approximately 30,000 people to attend this event. Sign up at the Hurst dojo to volunteer at our booth to receive a free Legends Summer Gi and help support your school.

*Quantities and sizes are limited.*

### DON'T FORGET!!

- Look forward to Mr. Malhiot and Mr. Morgan teaching a Kicks & Tricks workshop!
- Buddy Night is every Friday Night at 6pm at the Hurst Dojo.
- Enjoy the sparring aspect of karate? Want to learn more about sparring? Join the

### LEGENDS FIGHT CLUB!!

Call the Hurst Dojo for more information.

## LEGENDS BELT PROMOTIONS

Mollie Yepez - Camo Orange	Brandi Garland - Jr. Gold	Matthew Menara - Jr. Blue	Marina McLean - Gold
Wilson Woodrow - Jr. Yellow	Taylor Barnes - Jr. Gold	Scott Menara - Jr. Blue	Zoe McLean - Gold
Brenda Tisby - Jr. Yellow	Grace Minter - Jr. Gold	Steven Quintanar - Jr. Purple	John Frederick - Gold
McKenna Trewitt - Jr. Yellow	Corey Hansen - Jr. Gold	Jennifer Touchette - Yellow	Darla Birkes - Orange
Daniel Gibbs - Jr. Yellow	Abigail Fabian - Jr. Gold	George Chrestensen - Yellow	Angie Rawls - Orange
Sabrina Ocejo - Jr. Yellow	Hunter Jones - Jr. Gold	Christopher Gibbs - Yellow	Jonathan Kortu - Orange
Dulce Enriquez - Jr. Yellow	Rebekah Grimm - Jr. Orange	Rebecca Covington - Yellow	Chris Walters - Green
Pamela Velez - Jr. Yellow	Delaney Trewitt - Jr. Orange	Gannon Beaty - Yellow	Quinn Blazek - Green
Ryan Callaway - Jr. Yellow	Joshua Haskins - Jr. Orange	Michael Pruett - Gold	Guylain Pembele - Blue
Heather Randall - Jr. Yellow	Joseph Barela - Jr. Orange	Jack Palmer - Gold	Jared Taylor - Purple
Bailey Randall - Jr. Yellow	Mariah Fusco - Jr. Orange	Wayne Thompson - Gold	Tyler Turner - Brown
Hanna Ezell - Jr. Yellow	Christopher Marbach - Jr. Green	Jessica Wieland - Gold	Chandler Morales - Brown
Dylan Ezell - Jr. Yellow	Evan Reeves - Jr. Green	Staci Brooks - Gold	Nicole Luccioni - Red/Black
London Parkes - Jr. Gold	Caleb Davis - Jr. Green	Samantha Eckstrom - Gold	Brian Hucker - Black/Red
Katheryn Palmer - Jr. Gold	Luke Parkes - Jr. Blue	Michelle Troutt - Gold	

# BLACK BELT CLUB SPOTLIGHT

Ryan Klosterman has been a member of Legends Martial Arts/Outbound Karate for 3 years. He is 10 years old, a Junior Brown Belt and joined the Black Belt Club in February of 2008 and is a student at the Hurst Dojo.

LMA: Ok Ryan, let's get this done as painlessly as possible.

(Ryan walks back to the mats)

LMA: KLOSTERMAN!

RK: Yes sir?

LMA: I need to ask you a few questions.

Caleb Davis: Ryan come here! Watch this!

RK: OK

LMA: No Ryan, don't! Hey, what's your favorite subject in school??

RK: Uh... math.

LMA: I'm going try this one again... What is your favorite smell?

RK: Huh?? ...Tamales.

LMA: Hmm, ok. If you could have any superpower what would it be?

RK: Karate?

LMA: Good answer! If you could speak to any type of animal what would it be?

RK: (after much deliberations) A bald eagle.

LMA: I would have said a tree. Last question: Big Mac's or Whoppers?

RK: Whoppers.



## Really Simple Karate



Legends Martial Arts Students can now subscribe to the Legends RSS Feed. Go to the 'Members Only' section of our website and click on the RSS icon to subscribe to the Legends RSS Feed. What's that you say? You don't know what an RSS feed is?

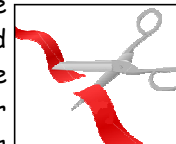
RSS is a way for you to automatically receive up to the minute information about Legends Martial Arts by simply subscribing to the feed. You can add the feed to your portal home page (My Yahoo, My Google, MSN). Also most email clients can also subscribe to RSS feeds (Outlook, Outlook Express, Thunderbird, ...) Still don't understand? Not a problem, just go to [student.legendsmartialarts.com](http://student.legendsmartialarts.com) and read the article about RSS feeds.

MARK YOUR CALENDAR

Aug. 2nd



After classes end Saturday morning the Hurst Dojo will be open all day long. There will be food, face painting, games, and a whole lot more! The Black Belt Club will be doing their charity car wash behind the dojo and the Demo Team will be doing a special presentation of their new performance. Raffle tickets will be sold right up until the drawing which will be held after the Demo Team performance. Come support your karate school Saturday, August 2nd!

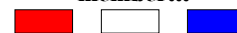


A DAY IN THE LIFE OF MASTER BURLESON...

Comic by Alyssa Pruett



The BBC Meetings are held the last Saturday of the month at 5:00pm at the Hurst Dojo. If you are not a BBC member...



WHY NOT??? Come find out how to join!